

Radiogram No. 3824u

Form 24 for 07.08.02

**Unloading and IMS Tracking of Progress Cargo**

GMT	Crew	Activity
06:00–06:10		Morning inspection
06:10–06:40		Post-sleep
06:40–07:30		BREAKFAST
07:30–08:00	FE-1, FE-2	Prep for work
07:30–07:50	CDR	MOLNIYA-SM: payload setup
07:50–08:00		Prep for work
08:00–08:15		Daily planning conference ( <i>S-band</i> )
08:15–09:15	CDR, FE-2	HDTV: crew medical evaluation video (sessions 1-2)
08:20–10:10	FE-1	Microgravity Science Glovebox (MSG): checkout, steps 4-12
09:15–10:15	FE-2	Replacement of filters in FGB dust collectors ? ? 1 & ? ? 2 (without deactivation of the fans)
09:15–09:45	CDR	Fan R&R in Carbon Monoxide Gas Analyzer
09:45–09:50		Inspection of ? ? ? ?-2 separator
10:00–10:10		Microgravity Science Glovebox (MSG): HISD photography
10:10–10:20	FE-1	Microgravity Science Glovebox (MSG): powerdown
10:15–11:15	FE-2	Physical exercise (TVIS-1)
10:20–11:50	FE-1	Physical exercise (RED)
10:50–12:20	CDR	Physical exercise (VELO+RED day 1)
11:15–11:20	FE-2	Weekly maintenance of TVIS
11:20–12:00		Maintenance of ? ? ?
11:50–12:50	FE-1	Physical exercise (TVIS)
12:00–12:40	FE-2	IMS file prep
12:20–12:50	CDR	Renal Stone Risk During Space Flight (Renal): OCBT
13:00–13:10	FE-1	Setup for PAO event
13:10–13:20		Prep for PAO event
13:20–13:40		PAO event: interview with WTOP Radio and KUNI Radio ( <i>S-band</i> )
13:40–14:40		LUNCH
14:40–16:30		Unloading and IMS tracking of Progress-246 cargo
16:30–17:00	CDR, FE-1	Crew Medical Officer (CMO) skill training
16:30–18:00	FE-2	Physical exercise (VELO+RED day 1)
17:00–18:00	CDR	Physical exercise (TVIS-1)
17:00–17:30	FE-1	Psychological evaluation (WinSCAT)
17:30–17:35		IV-CPDS power cycling
17:40–17:55		Daily payload status check
17:55–18:15		Renal Stone Risk During Space Flight (Renal): equipment setup
18:00–18:15	FE-2	UROLUX: equipment setup
	CDR	Renal Stone Risk During Space Flight (Renal): food log entry
18:15–18:30		Daily plan review
18:30–18:45		Daily planning conference ( <i>S-band</i> )

18:45–19:00		Daily plan review
19:00–19:30		Prep for work
19:30–20:00		DINNER
20:00–20:30		Daily food prep
20:30–21:20	CDR	Pre-sleep
20:30–21:30	FE-1, FE-2	
21:20–21:30	CDR	MOLNIYA-SM: payload teardown
21:30–06:00		SLEEP

**Note:** See OSTP for references to US activities

End of radiogram